

(4)尿酸

尿酸値の上昇により痛風になることがある。尿酸値の高い方は、アルコールの飲み過ぎや食事（魚介類、肉類などの蛋白質、脂質の過剰摂取）など生活習慣に注意が必要である。

有所見者はB2以上とする

<尿酸検査判定結果>

① 1日人間ドック

<男性>

| | ～29 | 30～39 | 40～49 | 50～59 | 60～69 | 70～79 | 80～ | 受診者数 | 比率(%) |
|----------|------|-------|-------|-------|-------|-------|------|--------|-------|
| A | 27 | 958 | 2902 | 3556 | 2816 | 1000 | 165 | 11424 | 80.1 |
| B1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0.0 |
| B2 | 2 | 149 | 411 | 454 | 267 | 79 | 7 | 1,369 | 9.6 |
| C2 | 4 | 129 | 412 | 444 | 228 | 59 | 12 | 1,288 | 9.0 |
| D | 0 | 18 | 72 | 59 | 32 | 3 | 1 | 185 | 1.3 |
| E | 0 | 0 | 1 | 1 | 2 | 0 | 0 | 4 | 0.0 |
| F | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0.0 |
| 受診者数 | 33 | 1,254 | 3,798 | 4,514 | 3,345 | 1,141 | 185 | 14,270 | 100.0 |
| 有所見者数 | 6 | 296 | 896 | 958 | 529 | 141 | 20 | 2,846 | 19.9 |
| 有所見者率(%) | 18.2 | 23.6 | 23.6 | 21.2 | 15.8 | 12.4 | 10.8 | 19.9 | |

<女性>

| | ～29 | 30～39 | 40～49 | 50～59 | 60～69 | 70～79 | 80～ | 受診者数 | 比率(%) |
|----------|-----|-------|-------|-------|-------|-------|-----|--------|-------|
| A | 0 | 1,062 | 3,412 | 3,867 | 2,488 | 749 | 110 | 11,721 | 98.6 |
| B1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0.0 |
| B2 | 0 | 9 | 16 | 35 | 20 | 11 | 3 | 94 | 0.8 |
| C | 0 | 3 | 6 | 22 | 27 | 4 | 3 | 65 | 0.5 |
| D | 0 | 0 | 0 | 1 | 1 | 1 | 1 | 4 | 0.0 |
| E | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0.0 |
| F | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0.0 |
| 受診者数 | 33 | 1,074 | 3,434 | 3,925 | 2,536 | 765 | 117 | 11,884 | 100.0 |
| 有所見者数 | 0 | 12 | 22 | 58 | 48 | 16 | 7 | 163 | 1.4 |
| 有所見者率(%) | 0.0 | 1.1 | 0.6 | 1.5 | 1.9 | 2.1 | 6.0 | 1.4 | |

② 2 日人間ドック

<男性>

| | ～29 | 30～39 | 40～49 | 50～59 | 60～69 | 70～79 | 80～ | 受診者数 | 比率 (%) |
|-----------|------|-------|-------|-------|-------|-------|------|-------|--------|
| A | 2 | 149 | 531 | 694 | 763 | 480 | 114 | 2,733 | 81.7 |
| B1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0.0 |
| B2 | 1 | 17 | 77 | 78 | 65 | 35 | 11 | 284 | 8.5 |
| C | 4 | 22 | 89 | 92 | 60 | 25 | 5 | 297 | 8.9 |
| D | 0 | 4 | 9 | 9 | 3 | 4 | 0 | 29 | 0.9 |
| E | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 1 | 0.0 |
| F | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0.0 |
| 受診者数 | 7 | 192 | 706 | 873 | 891 | 544 | 131 | 3,344 | 100.0 |
| 有所見者数 | 5 | 43 | 175 | 179 | 128 | 64 | 17 | 611 | 18.3 |
| 有所見者率 (%) | 71.4 | 22.4 | 24.8 | 20.5 | 14.4 | 11.8 | 13.0 | 18.3 | |

<女性>

| | ～29 | 30～39 | 40～49 | 50～59 | 60～69 | 70～79 | 80～ | 受診者数 | 比率 (%) |
|-----------|-----|-------|-------|-------|-------|-------|-----|-------|--------|
| A | 4 | 37 | 218 | 308 | 328 | 271 | 50 | 1,216 | 98.8 |
| B1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0.0 |
| B2 | 0 | 0 | 2 | 3 | 2 | 3 | 0 | 8 | 0.6 |
| C | 0 | 0 | 0 | 2 | 3 | 2 | 0 | 7 | 0.6 |
| D | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0.0 |
| E | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0.0 |
| F | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0.0 |
| 受診者数 | 4 | 37 | 220 | 313 | 333 | 276 | 50 | 1,231 | 100.0 |
| 有所見者数 | 0 | 0 | 2 | 5 | 5 | 5 | 0 | 15 | 1.2 |
| 有所見者率 (%) | 0.0 | 0.0 | 0.9 | 1.6 | 1.5 | 1.8 | 0.0 | 1.2 | |

③ 施設内健診（協会けんぽ含む）

<男性>

| | ～29 | 30～39 | 40～49 | 50～59 | 60～69 | 70～79 | 80～ | 受診者数 | 比率(%) |
|----------|-------|-------|-------|-------|-------|-------|------|--------|-------|
| A | 1,241 | 2,598 | 2,827 | 2,200 | 2,026 | 478 | 14 | 11,384 | 77.6 |
| B1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0.0 |
| B2 | 156 | 330 | 428 | 255 | 221 | 33 | 2 | 1,425 | 9.7 |
| C | 161 | 368 | 496 | 316 | 221 | 28 | 1 | 1,591 | 10.8 |
| D | 35 | 85 | 80 | 46 | 19 | 4 | 0 | 269 | 1.8 |
| E | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0.0 |
| F | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0.0 |
| 受診者数 | 1,593 | 3,381 | 3,831 | 2,817 | 2,487 | 543 | 17 | 14,669 | 100.0 |
| 有所見者数 | 352 | 783 | 1,004 | 617 | 461 | 65 | 3 | 3,285 | 22.4 |
| 有所見者率(%) | 22.1 | 23.2 | 26.2 | 21.9 | 18.5 | 12.0 | 17.6 | 22.4 | |

<女性>

| | ～29 | 30～39 | 40～49 | 50～59 | 60～69 | 70～79 | 80～ | 受診者数 | 比率(%) |
|----------|-------|-------|-------|-------|-------|-------|-----|--------|-------|
| A | 1,564 | 2,840 | 4,269 | 3,326 | 1,842 | 376 | 26 | 14,243 | 98.8 |
| B1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0.0 |
| B2 | 2 | 10 | 23 | 37 | 12 | 5 | 1 | 90 | 0.6 |
| C | 7 | 12 | 22 | 23 | 11 | 1 | 0 | 76 | 0.5 |
| D | 3 | 1 | 2 | 4 | 0 | 0 | 0 | 10 | 0.1 |
| E | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0.0 |
| F | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0.0 |
| 受診者数 | 1,576 | 2,863 | 4,316 | 3,390 | 1,865 | 382 | 27 | 14,419 | 100.0 |
| 有所見者数 | 12 | 23 | 47 | 64 | 23 | 6 | 1 | 176 | 1.2 |
| 有所見者率(%) | 0.8 | 0.8 | 1.1 | 1.9 | 1.2 | 1.6 | 3.7 | 1.2 | |

④ 施設外健診（協会けんぽ含む）

<男性>

| | ～29 | 30～39 | 40～49 | 50～59 | 60～69 | 70～79 | 80～ | 受診者数 | 比率(%) |
|----------|-------|-------|-------|-------|-------|-------|------|--------|-------|
| A | 2,494 | 3,441 | 3,223 | 3,277 | 3,305 | 1,867 | 529 | 18,136 | 79.3 |
| B1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0.0 |
| B2 | 262 | 455 | 415 | 389 | 319 | 159 | 22 | 2,021 | 8.8 |
| C | 282 | 525 | 548 | 482 | 358 | 163 | 30 | 2,388 | 10.4 |
| D | 47 | 81 | 72 | 61 | 42 | 18 | 7 | 328 | 1.4 |
| E | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0.0 |
| F | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0.0 |
| 受診者数 | 3,085 | 4,502 | 4,258 | 4,209 | 4,024 | 2,207 | 588 | 22,873 | 100.0 |
| 有所見者数 | 591 | 1,061 | 1,035 | 932 | 719 | 340 | 59 | 4,737 | 20.7 |
| 有所見者率(%) | 19.2 | 23.6 | 24.3 | 22.1 | 17.9 | 15.4 | 10.0 | 20.7 | |

<女性>

| | ～29 | 30～39 | 40～49 | 50～59 | 60～69 | 70～79 | 80～ | 受診者数 | 比率(%) |
|----------|-------|-------|-------|-------|-------|-------|-----|--------|-------|
| A | 1,632 | 1,944 | 2,003 | 2,078 | 3,114 | 2,364 | 639 | 13,774 | 98.3 |
| B1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0.0 |
| B2 | 6 | 6 | 12 | 23 | 51 | 35 | 11 | 144 | 1.0 |
| C | 5 | 7 | 6 | 12 | 30 | 23 | 11 | 94 | 0.7 |
| D | 0 | 2 | 1 | 1 | 2 | 2 | 1 | 3 | 0.0 |
| E | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0.0 |
| F | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0.0 |
| 受診者数 | 1,643 | 1,959 | 2,022 | 2,114 | 3,197 | 2,424 | 662 | 14,015 | 100.0 |
| 有所見者数 | 11 | 15 | 19 | 36 | 83 | 60 | 23 | 241 | 1.7 |
| 有所見者率(%) | 0.7 | 0.8 | 0.9 | 1.7 | 2.6 | 2.5 | 3.5 | 1.7 | |

⑤ 全国健康保険協会管掌健康保険生活習慣病予防健診 [再掲]

<男性>

| | ~29 | 30~39 | 40~49 | 50~59 | 60~69 | 70~79 | 80~ | 受診者数 | 比率 (%) |
|-----------|-----|-------|-------|-------|-------|-------|-----|--------|--------|
| A | 0 | 1,343 | 2,643 | 2,094 | 1,758 | 228 | 0 | 8,066 | 76.7 |
| B1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0.0 |
| B2 | 0 | 206 | 376 | 249 | 202 | 19 | 0 | 1,052 | 10.0 |
| C | 0 | 224 | 477 | 301 | 204 | 20 | 0 | 1,226 | 11.7 |
| D | 0 | 44 | 71 | 38 | 18 | 1 | 0 | 172 | 1.6 |
| E | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0.0 |
| F | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0.0 |
| 受診者数 | 0 | 1,817 | 3,567 | 2,682 | 2,182 | 268 | 0 | 10,516 | 100.0 |
| 有所見者数 | 0 | 474 | 924 | 588 | 424 | 40 | 0 | 2,450 | 23.3 |
| 有所見者率 (%) | 0.0 | 26.1 | 25.9 | 21.9 | 19.4 | 14.9 | 0.0 | 23.3 | |

<女性>

| | ~29 | 30~39 | 40~49 | 50~59 | 60~69 | 70~79 | 80~ | 受診者数 | 比率 (%) |
|-----------|-----|-------|-------|-------|-------|-------|-----|-------|--------|
| A | 0 | 1,045 | 2,591 | 2,010 | 1,047 | 101 | 0 | 6,794 | 98.4 |
| B1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0.0 |
| B2 | 0 | 8 | 17 | 23 | 10 | 2 | 0 | 58 | 0.8 |
| C | 0 | 7 | 15 | 16 | 9 | 1 | 0 | 48 | 0.7 |
| D | 0 | 0 | 1 | 4 | 0 | 0 | 0 | 5 | 0.1 |
| E | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0.0 |
| F | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0.0 |
| 受診者数 | 0 | 1,060 | 2,624 | 2,053 | 1,066 | 104 | 0 | 6,905 | 100.0 |
| 有所見者数 | 0 | 15 | 33 | 43 | 19 | 3 | 0 | 111 | 1.6 |
| 有所見者率 (%) | 0.0 | 1.4 | 1.3 | 2.1 | 1.8 | 2.9 | 0.0 | 1.6 | |